カフェ・ベローチェ　メニュー
・この一覧表には、各商品のカロリーと、原材料に含まれるアレルギー物質を表示しております。
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・This table shows the calories and allergens contained in the ingredients of each product.
・The calories are based on the analysis result of the testing agency or the calculated values based on the standard tables of food composition (7th revised version).
・The allergens displayed are the 7 items that are required to be displayed by the Food Sanitation Act and the 20 items that are recommended to be displayed.
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・"-"　means "very small amount" or "estimated 0".
・Explanation of symbols... "●": Used as an ingredient. "△": Shared equipment on the production line in the factory.

・이 일람표는 각 상품의 칼로리와 원재료에 포함된 알레르기 유발 물질을 표시하고 있습니다.
・칼로리에 대해서는 검사기관의 분석치 또는 식품성분표(7정판)에 따른 계산치입니다.
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2024.04.15更新

| 分類 Classification | 商品名 Product name | エネルギー Energy (kcal) | タンパク質 Protein (g) | 脂質 Fat (g) | 炭水化物 Carbohydrate (g) | 食塩相当量 Salt equivalent (g) | 特定原材料 7大アレルゲン Specified Raw Materials 7 Major Allergens | | | | | | | 特定原材料に準ずるもの （21品目） Items equivalent to specified raw materials (21 items) | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | 卵 Egg | 乳 Milk | 小麦 Wheat | そば Buck wheat | 落花生 Peanuts | えび Shrimp | かに Crab | あわび Abalone | いか Squid | いくら Salmon roe | オレンジ Orange | キウイ Kiwi | 牛肉 Beef | くるみ Walnut | さけ Salmon | さば Mackerel | 大豆 Soybeans | 鶏肉 Chicken | バナナ Banana | 豚肉 Pork | まつたけ Matsu take mush room | もも Peach | やまいも Japanese yam | りんご Apple | ゼラチン Gelatin | ごま Sesame | カシューナッツ Cashew nuts | アーモンド Almonds |
| サンドイッチ（関東/仙台） Sandwich (Kanto,Sendai) | タマゴサンド Egg sandwich | 312 | 8.5 | 17.9 | 29.2 | 1.6 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | ● | | | |
| | ツナサンド Tuna sandwich | 333 | 10.1 | 19.8 | 28.5 | 1.7 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | ツナハムミックス Tuna ham mix | 299 | 9.9 | 16.3 | 28.3 | 1.5 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | |
| | タマゴハムミックス Egg ham mix | 290 | 9.2 | 15.2 | 29.0 | 1.4 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | ● | | | |
| | タマゴツナミックス Egg tuna mix | 322 | 9.2 | 18.9 | 28.5 | 1.6 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | ● | | | |
| | バジルチキンサンド Basil chicken sandwich | 180 | 8.0 | 9.5 | 15.1 | 1.0 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | |
| | ハンバーグサンド ～シャリアピンソース～ Hamburger sandwich - Chaliapin sauce - | 215 | 8.8 | 10.7 | 20.9 | 1.6 | ● | ● | ● | | | | | | | | | | ● | | | | ● | ● | | ● | | | | | | | | |
| | 厚焼き玉子サンド ～大葉入り～ Thick omelet sandwich - with shiso (perilla leaf) - | 251 | 10.5 | 11.6 | 26.3 | 1.7 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | ピーナッツサンド Peanut sandwich | 215 | 6.0 | 11.4 | 22.6 | 0.3 | △ | ● | ● | | ● | | | | | | | | | | | | ● | | | | | | | | | | | |
| | 苺ジャムサンド Strawberry jam sandwich | 111 | 2.1 | 1.0 | 23.2 | 0.3 | △ | ● | ● | | △ | | | | | | | | | | | | ● | | | | | | | | | | | |
| サンドイッチ（関西/広島/名古屋） Sandwich (Kansai, Hiroshima, Nagoya) | タマゴサンド Egg sandwich | 337 | 8.6 | 19.7 | 28.7 | 1.7 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | ● | | | |
| | ツナサンド Tuna sandwich | 358 | 10.2 | 21.6 | 28.0 | 1.8 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | ツナハムミックス Tuna ham mix | 325 | 10.1 | 18.1 | 30.4 | 1.6 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | |
| | タマゴハムミックス Egg ham mix | 315 | 9.3 | 17.0 | 31.1 | 1.5 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | ● | | | |
| | タマゴツナミックス Egg tuna mix | 347 | 9.4 | 20.7 | 30.6 | 1.7 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | ● | | | |
| | バジルチキンサンド Basil chicken sandwich | 192 | 8.1 | 10.4 | 16.2 | 1.1 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | |
| | ハンバーグサンド ～シャリアピンソース～ Hamburger sandwich - Chaliapin sauce - | 228 | 8.9 | 11.6 | 21.9 | 1.6 | ● | ● | ● | | | | | | | | | | ● | | | | ● | ● | | ● | | | | | | | | |
| | 厚焼き玉子サンド ～大葉入り～ Thick omelet sandwich - with shiso (perilla leaf) - | 264 | 10.6 | 12.5 | 27.3 | 1.8 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | ピーナッツサンド Peanut sandwich | 227 | 6.0 | 12.3 | 23.6 | 0.4 | △ | ● | ● | | ● | | | | | | | | | | | | ● | | | | | | | | | | | |
| | 苺ジャムサンド Strawberry jam sandwich | 123 | 2.2 | 1.9 | 24.3 | 0.4 | △ | ● | ● | | △ | | | | | | | | | | | | ● | | | | | | | | | | | |
| サンドイッチ（福岡） Sandwich (Fukuoka) | タマゴサンド Egg sandwich | 324 | 8.5 | 18.3 | 31.2 | 1.7 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | ● | | | |
| | ツナサンド Tuna sandwich | 344 | 10.1 | 20.2 | 30.5 | 1.8 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | ツナハムミックス Tuna ham mix | 310 | 10.0 | 16.0 | 31.4 | 1.6 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | |
| | タマゴハムミックス Egg ham mix | 301 | 9.3 | 15.0 | 32.1 | 1.5 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | ● | | | |
| | タマゴツナミックス Egg tuna mix | 333 | 9.2 | 19.3 | 30.5 | 1.8 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | ● | | | |
| | バジルチキンサンド Basil chicken sandwich | 185 | 8.0 | 9.7 | 16.1 | 1.1 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | | | | | | | | | |
| | ハンバーグサンド ～シャリアピンソース～ Hamburger sandwich - Chaliapin sauce - | 221 | 8.8 | 10.9 | 21.9 | 1.6 | ● | ● | ● | | | | | | | | | | ● | | | | ● | ● | | ● | | | | | | | | |
| | 厚焼き玉子サンド ～大葉入り～ Thick omelet sandwich - with shiso (perilla leaf) - | 257 | 10.5 | 11.7 | 27.3 | 1.8 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | ピーナッツサンド Peanut sandwich | 220 | 5.9 | 11.5 | 23.6 | 0.4 | | ● | ● | | ● | | | | | | | | | | | | ● | | | | | | | | | | | |
| | 苺ジャムサンド Strawberry jam sandwich | 116 | 2.1 | 1.2 | 24.2 | 0.4 | | ● | ● | | △ | | | | | | | | | | | | ● | | | | | | | | | | | |
| モーニング Breakfast special | モーニングA　トーストサンド とろ～りチーズ&ツナ　～チェダーチーズ～（関東/仙台） Breakfast special A Toast sandwich Melty cheese & tuna - Cheddar cheese - (Kanto, Sendai) | 397 | 14.3 | 22.0 | 35.3 | 2.4 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | モーニングA　トーストサンド とろ～りチーズ&ツナ　～チェダーチーズ～（関西/広島/名古屋） Breakfast special A Toast sandwich Melty cheese & tuna - Cheddar cheese - (Kansai, Hiroshima, Nagoya) | 416 | 14.1 | 24.0 | 35.6 | 2.5 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | モーニングA　トーストサンド とろ～りチーズ&ツナ　～チェダーチーズ～（福岡） Breakfast special A Toast sandwich Melty cheese & tuna - Cheddar cheese - (Fukuoka) | 403 | 14.0 | 22.4 | 36.2 | 2.6 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| | モーニングB カイザーサンド サラダチキン　～すりおろし野菜ソース～ Breakfast Special B Kaiser Sandwich Chicken Salad - Grated Vegetable Sauce - | 268 | 10.7 | 8.7 | 35.4 | 1.2 | ● | ● | ● | | | | | | | | ● | | | | | | ● | ● | | | | | | | | ● | | |
| | モーニングC トーストサンド とろ～りチーズ&ハム　～モッツァレラチーズ～（関東/仙台） Breakfast special C Toast sandwich Melty cheese & ham - Mozzarella cheese - (Kanto, Sendai) | 358 | 16.1 | 15.7 | 37.7 | 2.9 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | | | | |
| | モーニングC トーストサンド とろ～りチーズ&ハム　～モッツァレラチーズ～（関西/広島/名古屋） Breakfast special C Toast sandwich Melty cheese & ham - Mozzarella cheese - (Kansai, Hiroshima, Nagoya) | 377 | 16.0 | 17.7 | 38.1 | 3.0 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | | | | |
| | モーニングC トーストサンド とろ～りチーズ&ハム　～モッツァレラチーズ～（福岡） Breakfast special C Toast sandwich Melty cheese & ham - Mozzarella cheese - (Fukuoka) | 364 | 15.9 | 16.0 | 38.7 | 3.1 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | | | | |
| ホットフード Hot snack | 焼きたてドッグ　プレーン Freshly baked hot dog Plain | 337 | 12.0 | 16.5 | 33.6 | 1.9 | △ | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | | | | |
| | 焼きたてドッグ　濃厚チェダー Freshly baked hot dog Rich cheddar | 395 | 12.9 | 22.4 | 33.9 | 2.3 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | |
| | 焼きたてドッグ　たっぷりピクルス Freshly baked hot dog Plenty of pickles | 345 | 12.1 | 16.0 | 36.7 | 3.0 | △ | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | ● | | | | |
| | 焼きたてサンド　ハニーマスタードチキン Freshly Baked Sandwich　Honey Mustard Chicken | 345 | 17.8 | 13.6 | 36.3 | 2.5 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | ● | | | | ● | | | | |
| | 焼きたてサンド　カマンベール&ハム Freshly baked sandwich Camembert & ham | 313 | 13.5 | 12.9 | 34.2 | 1.8 | ● | ● | ● | | | | | | | | | | | | | | ● | | | ● | | | | | | | | |

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・The allergens displayed are the 7 items that are required to be displayed by the Food Sanitation Act and the 20 items that are recommended to be displayed.
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2024.04.15更新

| 分類 Classification | 商品名 Product name | エネルギー Energy (kal) | タンパク質 Protein (g) | 脂質 Fat (g) | 炭水化物 Carbohydrate (g) | 食塩相当量 Salt equivalent (g) | 特定原材料 7大アレルゲン Specified Raw Materials 7 Major Allergens | | | | | | | 特定原材料に準ずるもの （21品目） Items equivalent to specified raw materials (21 items) | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | 卵 Egg | 乳 Milk | 小麦 Wheat | そば Buck wheat | 落花生 Peanuts | えび Shrimp | かに Crab | あわび Abalone | いか Squid | いくら Salmon roe | オレンジ Orange | キウイ Kiwi | 牛肉 Beef | くるみ Walnut | さけ Salmon | さば Mackerel | 大豆 Soybeans | 鶏肉 Chicken | バナナ Banana | 豚肉 Pork | まつたけ Matsu take mush room | もも Peach | やまいも Japanese yam | りんご Apple | ゼラチン Gelatin | ごま Sesame | カシューナッツ Cashew nuts | アーモンド Almonds |
| パスタ Pasta | 王道ナポリタン<br>Classic Napolitan | 569 | 16.1 | 23.5 | 73.4 | 3.2 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | ● | | | | | | |
| | 揚げナスとベーコンの香ばし醤油<br>Fried eggplant and bacon with fragrant soy sauce | 501 | 15.8 | 22.0 | 60.1 | 3.6 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | ● | | | | | | |
| | 濃厚ポルチーニクリーム<br>Rich porcini cream | 445 | 14.0 | 17.6 | 57.7 | 2.1 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | ● | | | | | | |
| | 大葉香るたらこバター<br>Shiso-flavored tarako (cod roe) butter | 567 | 13.5 | 27.7 | 66.3 | 3.0 | ● | ● | ● | | | ● | | | | | | | | | | | ● | ● | | | | | | | | |
| | 本格ボロネーゼ　～マスカルポーネとともに～<br>Authentic bolognese - with mascarpone - | 407 | 14.9 | 13.3 | 56.7 | 1.7 | ● | ● | ● | | | | | | | | | | ● | | | | ● | ● | | ● | | | | | | |
| ライス Rice | ビーフカレー<br>Beef curry | 603 | 14.5 | 17.8 | 92.8 | 4.3 | | ● | ● | | | | | | | | | | ● | | | | ● | ● | | ● | | | | ● | | |
| | タッカルビ炒飯<br>Dak galbi Fried rice | 472 | 10.0 | 13.3 | 78.1 | 4.2 | | | ● | | | | | | | | | | | | | | ● | ● | | | | | | ● | | |
| 陳列パン （関東・仙台） Display bread (Kanto, Sendai) | 北海道十勝産小豆のあんぱん<br>Sweet red bean bun made with Hokkaido Tokachi beans | 309 | 8.0 | 3.9 | 60.4 | 0.4 | ● | ● | ● | | | △ | | | | | | | | | | | ● | | | | | | | | | |
| | ブリオッシュクリームパン～2種のクリーム入り～<br>Brioche cream bread - with two kinds of cream - | 316 | 4.8 | 17.3 | 35.3 | 0.5 | ● | ● | ● | | | △ | | | | | | | | | | | ● | | | | | | | | | |
| | 飯チョコクロワッサン<br>Chocolate croissant | 372 | 5.3 | 21.7 | 38.8 | 0.6 | ● | ● | ● | | | △ | | | | | | | | | | | ● | | | | | | | | | |
| | コーンマヨパン<br>Corn Mayonnaise Bun | 311 | 5.4 | 17.7 | 32.6 | 1.0 | ● | ● | ● | | | △ | | | | | | | | | | | ● | | | | | | | | | |
| 陳列パン （関西・広島・名古屋） Display bread (Kansai, Hiroshima, Nagoya) | アップルデニッシュ<br>Apple Danish | 266 | 3.7 | 11.2 | 37.6 | 0.5 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | ● | | | |
| | 北海道産大納言小豆のあんぱん<br>Sweet red bean jam bread made with Hokkaido Dainagon beans | 266 | 6.7 | 4.0 | 46.8 | 0.4 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | チーズクロワッサン<br>Cheese croissant | 305 | 7.4 | 17.8 | 28.8 | 1.2 | ● | ● | ● | | | | | | | | | | | | | | ● | ● | | ● | | | | | | |
| | 手包みクリームパン<br>Hand-wrapped cream bread | 221 | 5.1 | 7.7 | 32.8 | 0.4 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | 焼きカレーパン<br>Baked curry bread | 199 | 5.2 | 3.9 | 27.1 | 1.2 | ● | ● | ● | | | | | | | | | | ● | | | | ● | ● | | ● | | | | ● | ● | | |
| | コーヒーデニッシュ<br>Coffee and Danish | 276 | 4.6 | 13.3 | 34.5 | 0.6 | ● | ● | ● | | | | | | | | | | | ● | | | ● | | | | | | | | | |
| | くるみパンサンド～ミルククリーム～<br>Walnut bread sandwich - milk cream - | 296 | 5.9 | 15.9 | 32.4 | 0.4 | ● | ● | ● | | | | | | | | | | | ● | | | ● | | | | | | | | | |
| 陳列パン （福岡） Display bread (Fukuoka) | メロンパン<br>Melon bread | 404 | 7.5 | 13.4 | 63.3 | 0.4 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | ホイップあんぱん<br>Red bean jam bread with whipped cream | 348 | 7.8 | 8.0 | 61.3 | 0.6 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | クリームデニッシュ<br>Cream Danish | 530 | 7.2 | 32.4 | 52.4 | 0.7 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | カリーパン<br>Curry bread | 404 | 7.3 | 24.1 | 39.5 | 1.2 | ● | ● | ● | | | | | | | | ● | | ● | | | | ● | | | ● | | | ● | | | |
| スイーツ Sweets | コーヒーゼリー<br>Coffee jelly | 161 | 3.8 | 5.0 | 25.5 | 0.2 | △ | ● | | | | | | | | | | | | | | | △ | | | | | | | ● | | |
| | とろうま贅沢プリン<br>Velvety Deluxe Pudding | 331 | 5.9 | 13.9 | 45.7 | 0.3 | ● | ● | | | | | | | | | | | | | | | | | | | | | | ● | | |
| | チョコレートケーキ～ベルギー産チョコレート使用～<br>Chocolate cake - using Belgian chocolate - | 252 | 3.0 | 19.1 | 17.9 | 0.1 | ● | ● | ● | | | | | | | | △ | | | | | | ● | | | △ | | | △ | ● | | | ● |
| | ベイクドチーズケーキ　～北海道産チーズ使用～<br>Baked cheesecake - using Hokkaido cheese - | 208 | 3.7 | 14.5 | 15.4 | 0.3 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | |
| | 抹茶と十勝小豆のタルト<br>Matcha and Tokachi Red Bean Tart | 251 | 3.2 | 14.6 | 27.8 | 0.1 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | | ● |
| | ベルギーワッフル～プレーン～<br>Belgian waffle - plain - | 395 | 6.4 | 17.3 | 51.8 | 1.0 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | ベルギーワッフル～練乳いちご～<br>Belgian waffle - condensed milk strawberry - | 437 | 7.1 | 18.0 | 59.7 | 1.0 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | ベルギーワッフル～チョコ～<br>Belgian waffle - chocolate - | 464 | 7.8 | 22.0 | 58.5 | 1.1 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | ソフトクリーム<br>Soft Serve Ice Cream | 177 | 2.4 | 6.5 | 27.2 | 0.3 | △ | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| 焼き菓子類 Baked sweets | バームクーヘン<br>Baumkuchen | 204 | 3.4 | 11.9 | 21.0 | 0.1 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | クッキー<br>Cookie | 241 | 2.8 | 13.1 | 28.0 | 0.0 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | | | |
| | チョコレートチャンクスコーン<br>Chocolate chunk scone | 360 | 4.6 | 17.9 | 44.4 | 0.5 | ● | ● | ● | | | | | | | | | | | | | | ● | | | | | | | ● | | |
| | オレンジパウンドケーキ<br>Orange pound cake | 198 | 2.0 | 10.6 | 23.7 | 0.1 | ● | ● | ● | | | | | | | | ● | | | | | | ● | | | | | | | | | |